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## Nucleosides, Nucleotides and Nucleic Acids

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# Evaluation of 5-Carbamoylmethyluridine as an Indicator of Tumor Burden in Lung Cancer Patients

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# EVALUATION OF 5-CARBAMOYLMETHYLURIDINE AS AN INDICATOR OF TUMOR BURDEN IN LUNG CANCER PATIENTS

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#### Abstract

Elevation of 5-carbamoylmethyluridine in the urines of non-small lung carcinoma patients suggests that this nucleoside may be used as an indicator of tumor burden for these patients.

In our laboratory<sup>1</sup>, investigation of nucleosides and related substances from twenty-four hour urine collections has led to the characterization of several novel compounds, including 5-carbamoylmethyluridine ( $ncm^5U$ ). Since modified nucleosides have previously been shown to be elevated in the urine and blood of a variety of cancer patients, comparison of urinary and serum  $ncm^5U$  levels in non-small cell lung cancer patients and normal subjects was investigated. After initial desalting and clean up of 5 ml urine and serum samples, nucleosides were isolated by affinity phenylboronate gel chromatography<sup>2,3</sup>. The nucleosidic material was fractionated by reversed phase high performance liquid chromatography and  $ncm^5U$  was quantitated using UV detector; uracil- $\beta$ -D-arabinofuranoside was used as an internal standard. Injection amounts were maintained at 0.1 A<sub>260</sub> units of nucleoside fraction per 10  $\mu$ l of injection volume. Assay elution was conducted with 0.01 M NH<sub>4</sub>H<sub>2</sub>PO<sub>4</sub>, pH 3.0 at 0.7 ml/min.

Levels of  $ncm^5U$  were found to be elevated in the urine and serum of non-small cell lung cancer patients when compared to the levels found in normal subjects (p<0.001). The mean urinary  $ncm^5U$  level of the patient group (0.916  $\pm$  0.259 nmoles  $ncm^5U/\mu$ moles creatinine) was elevated approximately 2X over that found in the control group (0.448  $\pm$  0.103). The mean patient serum  $ncm^5U$  level (1.370  $\pm$  0.333) was elevated approximately 1.5X over that of controls (0.911  $\pm$  0.174). Significant elevation of  $ncm^5U$  occurred in the urine of 17 out of 18 (98%) patients (Fig. 1) and in the serum of 7 of 12 (58%) patients. Patients with malignancy surpassing stage I who demonstrated significantly elevated serum levels, also exhibited elevated urinary levels.

Because ncm<sup>5</sup>U is non-specific and under the present urinary assay, does not discern non-advanced malignancy in all cases, its value as a quantitative tumor indicator may be enhanced when used in conjunction with other markers, especially those possessing greater

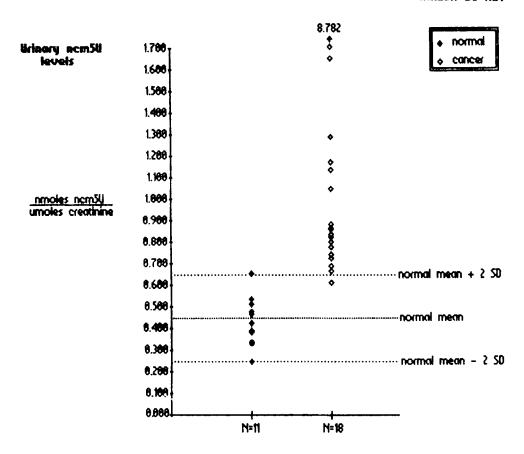


Fig. 1. Comparison of Urinary ncm<sup>5</sup>U Levels in Non-Small Cell Lung Cancer Patients and Normal Subjects.

specificity but poor sensitivity. This investigation suggests potential application of ncm<sup>5</sup>U as a monitor of tumor load since urinary and combined urinary/serum levels seemed generally to reflect advanced malignancy. A greater sample size is however needed to further support these results.

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